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JOHN'S CORNER: FOOD FOR THOUGHT

by John Ferguson

More and more Americans are growing their own food, from vegetable gardens to fruits and berries. Did you think about "Why"? In previous articles we have talked about the dangers and problem caused by toxic pesticide chemicals and GMO's. Today I am going to talk about another reason.

It did not show up in the popular press since they are advertiser supported. However, it has been found that over 300,000 pounds of RAT meat from CHINA is being sold in restaurants and grocery stores across America! Often this is in products sold as chicken wings, as strong seasonings can cover up the off-taste. The FDA has seized a few thousand pounds but most of it is in our food supply. Another meat from MEXICO is opossum meat, which is illegally sold to unsuspecting consumers. Last year according to a FDA study, over 36 million pounds of illegal counterfeit meat is sold in the United States every year. It is a very profitable business hence it is no wonder why corporations do not want Americans to know what is in the food and where it comes from.

This is very troubling to me, as rats carry many types of diseases. This month's Acres, USA mentions a common one, the avian pathogenic E. coli that causes diseases in chickens and possibly humans. The rats were also carrying multidrug resistant strains of the bacteria.

Since the Freedom of Information Act passed, we are learning more and more about government abuse and cover-ups. Last summer I did a book review of the book:

FDA - Failure, Deception, Abuse - The Story of an Out-of-Control Government Agency and What It Means For Your Health, Life Extension Foundation, Praktiko Books, 2010, ISBN: 978-1-60766-001-9

This morning's Houston Chronicle had an article that called the FDA - "Fostering Drug Addiction".



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A few days ago, the American College of Pediatricians has warned about the toxic effects of Gardasil vaccine and the scientific fraud used to get it approved. A nice summary can be found at:

http://www.naturalnews.com/053043_Gardasil_vaccine_ovarian_failure_scientific_fraud.html

So what can we do to protect our children and families?

- 1) Buy organic whenever possible
- 2) Use your voting rights
- 3) Call or write your senators and representatives

Several polls show that between 92-94% of the American people want labeling. A few days ago another version of the DARK Act (Deny Americans the Right to Know), by Senator Pat Roberts (R) was introduced to prevent labeling. Note: Several states have passed labeling laws and other states have laws that are pending.

Two of our presidential candidates (one from each party) have stated that there should be no labeling. They will do what their corporate handlers want and to heck with what the American people want. I encourage our readers to research this issue for themselves.