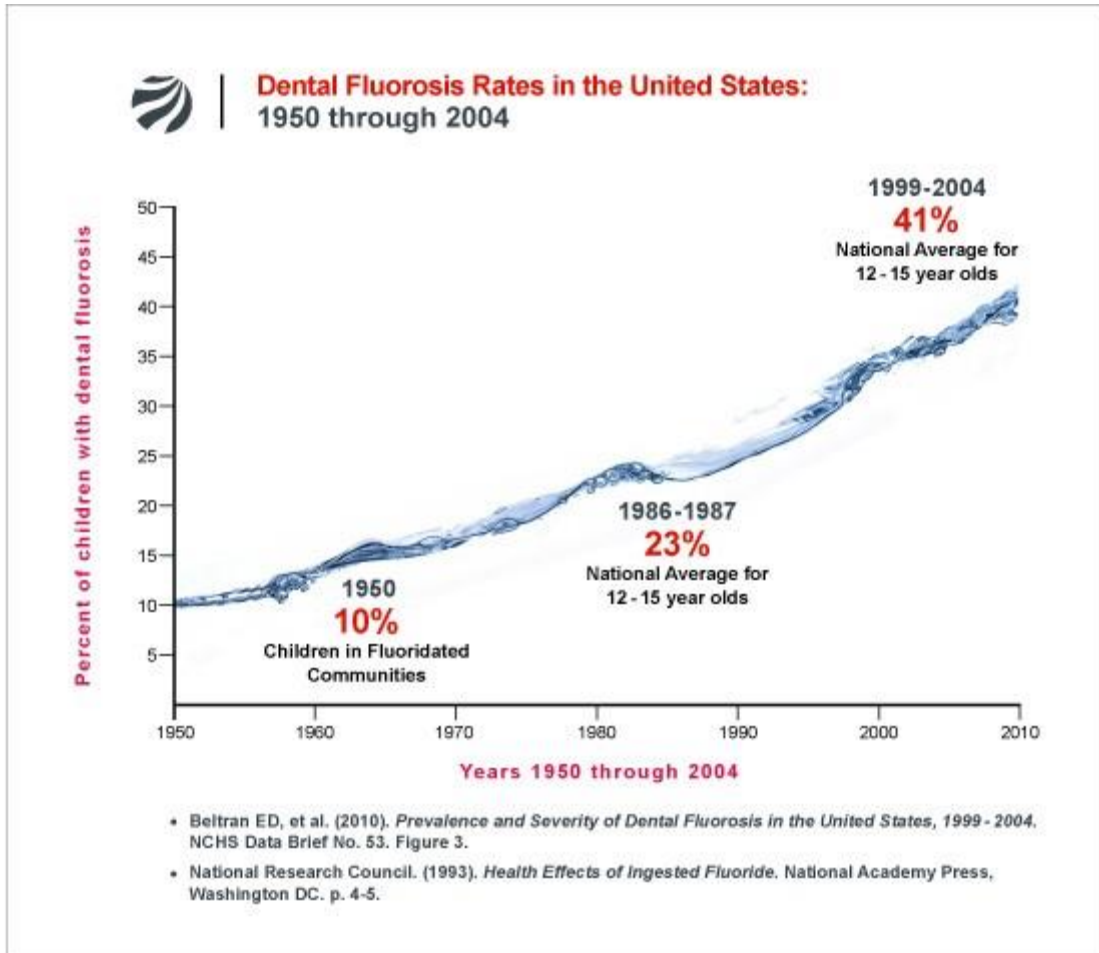


JOHN'S CORNER

FLOURIDE Update #3

by John Ferguson

I was reading another article on the dangers of fluoride in our water system this week. According to the CDC dental fluorosis continues to rise in the USA as shown in the chart below and it is hurting our children the most.





www.natureswayresources.com

A study in Ireland found that there was a link of fluorosis and cardiovascular disease ("Dental Fluorosis is a biomarker for coronary heart disease (CHD)", 2013, Takamori). Professor Takamori's research team observed that children with dental fluorosis have a higher incidence of heart damage and an increase in abnormal heart rhythm than those without fluorosis.

I read or frequently hear on the news of student athletes dying or having to quit sports because of heart problems. I wonder if it is the fluoride in our water systems that is killing them.

This is another reason to remove fluoride from our water systems, it not only helps our plants as we have discussed previously, but also protects our families.