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# SOURCES & REFERENCES FOR ORGANIC FARMING, GARDENING, ENVIRONMENT, FOOD, HEALTH and SUSTAINABLE LIVING

# GARDENING, HORTICULTURE and AGRICULTURE

## **Books:**

"Year Round Vegetables, Fruits and Flowers for Metro Houston," by Bob Randall, PhD., Retired Executive Director Urban Harvest. A resource guide on how to grow plants in the Houston area organically and where to get the supplies you may need. It is sold at many area gardening centers. One of the very best resources for Houston and Gulf Coast. *Highly Recommended* 

<u>Teaming with Microbes. 2<sup>nd</sup> edition</u>, A Gardener's Guide to the Soil Food Web, by Jeff Lowenfels & Wayne Lewis, Timber Press, 2006, ISBN-13:978-0-88192-777-1 *Highly Recommended* 

<u>A Garden Book for Houston and The Texas Gulf Coast,</u> River Oaks Garden Club, 5<sup>th</sup> edition, 2013, edited by Lynn Herbert, ISBN 978-0-578-09149-6 *Highly Recommended* 

This is the most complete book on how to garden in Houston. It explains the most modern methods in horticulture in a very easy to read manner with lots of pictures, charts and tables. The focus is on using the best methods based on sustainability to make your garden beautiful and safe for you, your family and pets, while saving one a lot of time and money in the process. The editor has done a fabulous job of compiling it with input from experts in each area discussed and based on proven results. For anyone that has a lawn or garden this book has joined the "must have" category of references.

<u>Organic Management for the Professional</u>, Howard Garrett, John Ferguson, and Mike Amaranthus, University of Texas Press, ISBN: 978-0-292-72921-6, 2012. This book is on how to manage all landscapes large or small without chemicals. It is written in an easy to read and understand format that a professional or homeowner can use.

The Organic Lawn Care Manual, by Paul Tukey, Storey Publishing, 2007, ISBN 13: 978-1-58017-655-2



Texas ORGANIC GARDENING Book, by Howard Garrett, Gulf Publishing, ISBN: 0-88415-038-0

Rodale Press Books - many good books on organic and natural techniques, some are listed below or see http: www.rodalepress.com

Handbook Of \$uccessful Ecological Lawn Care, by Paul Sachs, EP Press, ISBN 0-9636053-1-3. This book contains easy to understand techniques that allow one to have a beautiful lawn, without using dangerous chemicals and at lower cost than chemical approaches.

Ecological Golf Course Management, by Paul Sachs, ISBN 1-57504-154-5

Managing Healthy Sports Fields, by Paul Sachs, John Wiley & Sons Press, 2004, ISBN 0-471-47269-7. This book is an excellent reference for anyone whom wants to prevent problems on turfgrass and save time and money. It is up to date with the newest and revised methods from the scientific community that protects the safety of our children.

# **Magazines and Journals:**

Organic Gardening - general trade magazine dedicated to organic techniques, Very Good Box 7320, Red Oak, IA 51591-0320 http: www.organicgardening.com Subscriptions: (800) 666-2206 Business Office: (215) 967-5171

**Acres, USA** – A monthly newspaper/magazine on organic agriculture and horticulture, food and health. Very Good source of the latest information. Also they carry many, DVDs, CDs and books on organic agriculture and gardening in their bookstore.

P.O. Box 91299 Austin, TX 78709, 1-800-355-5313 www.arcesusa.com - many good articles available for reprint in "toolbox" section of web site

The Dirt Doctor's **DIRT** – Organic Gardening & Living, excellent advice for Texas **Ground Crew Productions** P.O. Box 122264 Arlington, Texas 76012 www.dirtdoctor.com

(817) 461-9206

**Texas Gardener** – The Magazine For Texas Gardeners,

P.O. Box 9005, Waco, Texas 76714 www.texasgardener.com

Mother Earth News - magazine dedicated to environmentally friendly ways of living, including gardening,



www.motherearthnews.com P.O. Box 56302, Boulder, Co. 80322-6302

#### Websites:

**Urban Harvest** (Community Gardening Program) - (713) 880-5540, Excellent source of organic gardening information and classes/seminars. Also offers advanced training for Master Gardeners <a href="www.urbanharvest.org">www.urbanharvest.org</a> Free e-newsletter on classes, fruit tree sales, and gardening events

Judy Barrett's **''home grown''** - Good Sense Organic Gardening for Texas P.O. Box 913 Georgetown, TX 78627 (512) 930-5576 http: www.homegrowntexas.com

**ATTRA** - National Sustainable Agriculture Information Service is managed by the National Center for Appropriate Technology (NCAT) and is funded under a grant from the USDA. Free weekly e-news letter on the latest research projects, success stories, etc. as related to sustainable agriculture (i.e. organic) and related environmental issues from business to politics and government regulation.

www.attra.ncat.org

**Texas Organic Farmers and Gardeners Association** - Our new site will be designed to help promote local farms, ranches, food Co-Ops, local food restaurants, farmers markets and organic suppliers throughout Texas. <a href="www.tofga.org">www.tofga.org</a>

**Organic Farming Research Foundation** – Publishes a free electronic newsletter called SCOAR (Scientific Congress on Organic Agricultural Research) <a href="www.ofrf.org">www.ofrf.org</a>

**Southern Sustainable Agriculture Working Group** (SSAWG) – Information and research on sustainable agriculture for the southern states. <a href="https://www.ssawg.org">www.ssawg.org</a>

**Urban Harvest** - Houston's Community Gardening program, offers classes on organic gardening and related subjects <a href="https://www.urbanharvest.org">www.urbanharvest.org</a>

**Howard Garrett's Basic Organic Gardening Program** – Lots of information on how to grow plants organically prevent pests and solve gardening problems in a safe and natural manor. <a href="www.dirtdoctor.com">www.dirtdoctor.com</a>

Biological Control News - free electronic news magazine. www.entomology.wisc.edu/mbcn.mbcn.html



**Organic Materials Review Institute -** The Organic Materials Review Institute provides certifiers, growers, manufacturers and suppliers an independent review of products intended for use in certified organic production, handling, and processing. www.omri.org

**Gardening information by Malcolm Beck**, Founder of Gardenville (compost company) www.malcolmbeck.com

Organic gardening information for the Houston Gulf Coast, Texas Coastal Watershed Program www.watersmart.cc

Organic Horticulture Benefits Alliance (OHBA) - OHBA is 501-C3 nonprofit dedicated to bringing the best education in organic and sustainable horticulture to the Houston area. It is designed for the advancement of the landscape professionals in the metro Houston area and all serious gardeners. <a href="www.ohbaonline.org">www.ohbaonline.org</a>

**Gulf Coast Fruit Study Group** – local group studying fruit production in Houston and gulf coast www.gcfsg.weebly.com/newsletter.html

The National Center for Appropriate Technology – free e-newsletter on sustainable issues <a href="https://www.ncat.org">www.ncat.org</a>

## **E-Newsletters:**

**Texas Gardener Seeds** – free weekly newsletter on gardening and gardening events in Texas www.texasgardner.com/newsletters www.texasgardner.com

**The Dirt Doctor** – free, tips on sustainable gardening <a href="https://www.dirtdoctor.com">www.dirtdoctor.com</a>

## **SOILS**

#### Books:

A non-technical overview of soils:



<u>Start With The Soil</u>, Grace Gershuny, Rodale Press, Emmaus, Pennsylvania, Copyright 1993, ISBN 0-87596 567-9.

<u>The Dirt Doctor's Guide to Organic Gardening</u>, J. Howard Garrett, University of Texas Press, Copyright 1995, ISBN: 0-292-72780-1.

<u>How Soils Work – A Study Into The God-Plane Mutualism of Soils and Crops</u>, by Paul Syltie, Ph.D., Xulon Press, Copyright 2002, ISBN 1-591600-95-2 Note: This book integrates all the latest advancements and information in soil science into one book and it is presented in a Biblical frame of Reference.

A semi-technical overview of soils:

**Eco Farm an Acres U.S.A. Primer**, 3<sup>rd</sup> edition, by Walters and Fenzau, published by Acres U.S.A., Copyright 2003, ISBN: 0-911311-74-2

<u>Sustainable Soils</u>, by Benjamin Wolfe & George H. Snyder, published by Food Products Press, Copyright 2003, ISBN 1-56022-916-0

A technical introduction to soils and soil properties:

<u>Introduction To Soil Physics</u>, by Daniel Hillel, published by Academic Press, Inc., Copyright 1982, ISBN: 0-12-348520-7

<u>Paramagnetism</u> - Rediscovering Nature's Secret Force of Growth, by Philip Callahan, Ph.D., published by Acres U.S.A. Press, Copyright 1995, ISBN: 0-911311-49-1

**ORGANIC Soil Conditioning**, William R. Jackson, PhD, Copyright 1993, Jackson Research Center, ISBN 0-9635741-0-8. This is an excellent reference book.

#### **SOIL BIOLOGY:**

<u>Teaming with Microbes</u>, A Gardener's Guide to the Soil Food Web, 2<sup>nd</sup> edition, by Jeff Lowenfels & Wayne Lewis, Timber Press, 2006, ISBN-13:978-0-88192-777-1 *Highly Recommended* 

<u>Life In The Soil</u>, A Guide for Naturalists and Gardeners, by James B. Nardi, The University of Chicago Press, 2007, ISBN-13: 978-0-226-56852-2



<u>Mycelium Running</u>, How Mushrooms Can Help Save the World, by Paul Staments, Ten Speed Press, ISBN 978-1-58008-579-3 This book is a deeper look at fungus and how it affects the world around us from plants to humans.

<u>Soil Microbiology: An Exploratory Approach</u>, Mark Coyne, 1999, Delmar Publishers, ISBN 0-8273-8434-3 (Excellent)

**Microbial Ecology in Sustainable Agroecosystems**, edited by T. Cheeke, D. Coleman, D. Wall, CRC Press, 2013, ISBN 978-1-4398-5296

Soil Microbiology, Ecology, and Biochemistry 3<sup>rd</sup> Edition, E. Paul, Editor, Elsevier Press, 2007, ISBN 13: 978-0-12-546807-7

**Modern Soil Microbiology** 2<sup>nd</sup> Edition, J. Elass, J. Jansson, J. Trevors Editors, CRC Press Taylor & Francis Group, 2007, ISBN-13: 978-0-8247-2749-9

**Sustainable Soils- The Place of Organic Matter in Sustaining Soils and Their Productivity**, B. Wolf & G. Snyder, Hawthorn Press (Food Products Press), 2003, ISBN: 1-56022-916-0

**Handbook of Microbial Biofertilzers**, M. Rai Editor, Hawthorn Press (Food Products Press), 2006, ISBN 13: 978-1-56022-269-9

The Ecology of Soil Decomposition, S.M. Adl, CABI Publishing, 2003, ISBN: 0-85199-661-2

**Plant-Microbe Interactions and Biological Control**, G. Boland and L. D. Kuykendall, Editors, 1998, Marcel Decker, ISBN 0-8247-0043-0

**Handbook of Processes and Modeling in The Soil-Plant System**, D. Benbi & R. Nieder Editors, Hawthorn Press, ISBN: 1-56022-914-4

**Principles and Applications of Soil Microbiology**, D. Sylvia, J. Fuhrmann, P. Hartel, D. Zuberer, 1998, Prentice Hall, ISBN 0-13-459991-8

#### Websites:

USDA Booklet: Soil Biology Primer http://www.soils.usda.gov/sqi/concepts/soil/biology/biology.html



**Soil Food Web**, Elaine Ingham, PhD, excellent free electronic newsletter and website on biologic methods in gardening and horticulture (also information on compost teas). http: <a href="www.soilfoodweb.com">www.soilfoodweb.com</a>

B.U.G.S. FLYER - The Voice of Ecological Urban Horticulture Biological Urban Gardening ServicesP.O. Box 76 Citrus Heights, CA 95611-0076

#### DVD:

DIRT – A story of the heart and soil and how its care affects all life on earth

#### COMPOST

## **Books:**

A non-technical overview of composting:

<u>The Complete Compost Gardening Guide</u>, Barbara Pleasant and Deborah Martin, Storey Publishing, Copyright 2008, ISBN 978-1-58017-702-3 (Very Good)

<u>The Rodale Book Of COMPOSTING</u>, Deborah L. Martin and Grace Gershuny, Editors Rodale Press, Emmaus, Pennsylvania, Copyright 1992, Published 1993. (A non-technical overview of composting)

<u>The Secret Life of Compost</u>, Malcolm Beck, Acres, USA Press, Copyright 1997, Published 1996, ISBN 0-911311-53-X

<u>Let It Rot - The Home Gardener's Guide To Composting</u>, Stu Campbell, Gardenway Publishing, ISBN: 0-88266-050-0

A semi-technical overview of composting:

<u>The BioCycle Guide to THE ART & SCIENCE OF COMPOSTING</u>, Edited by the Staff of BioCycle Journal of Waste Recycling, The JG Press. Inc., Emmaus, Pennsylvania, Copyright 1991, Printed Spring 1994.



(A semi-technical overview of composting)

<u>Modern Composting Technologies</u>, A. Chiumenti, R. Chiumenti, L. Diaz, G. Savage, L. Eggerth, N. Goldstein, The JG Press. Inc., Emmaus, Pennsylvania, Copyright 2005, ISBN 0-932424-29-5, A semi-technical overview of commercial composting equipment and systems

<u>Winning The Organics Game</u>, by Rodney Tyler, American Society For Horticultural Science Press, the focus is on how to use and sell compost. ISBN: 0-9615027-2

Technical reference on composting:

THE SCIENCE OF COMPOSTING, Eliot Epstein, PhD, 1997, Technomic Publishing, ISBN 1-56676-478-5

COMPOST ENGINEERING (The Practical Handbook Of...), Dr. Roger T. Haug, 1993, Lewis Publishers, ISBN 0-87371-373-7

SCIENCE AND ENGINEERING OF COMPOSTING: Design, Environmental, Microbiological and Utilization Aspects, Harry Hoitink, PhD, Ohio State University, 1993.

MICROBIOLOGY OF COMPOSTING, Heribert Insam, Nuntavun Riddech, and Susanne Klammer, Springer Press, ISBN 3-540-67568-X, 2002

<u>VERMICULTURE TECHNOLOGY: Earthworms, Organic Wastes, and Environmental Management,</u> Edwards, Arancon, and Sherman, CRC Press Copyright 2011, ISBN 978-1-4398-0987-7

## **COMPOST TEA:**

"Understanding How Compost Tea Can Control Disease", BioCycle, February 2003, p. 20-25

"Compost Tea: Principles and Prospects for Plant Disease Control", Compost Science and Utilization Journal, Autumn 2002, p. 313-338

International Compost Tea Council www.intlctc.org

Compost Tea Industry Association www.composttea.org



ATTRA: Notes On Compost Tea <u>www.attar.ncat.org</u>

COMPOST TEA GROUP: http://groups.yahoo.com/group/compost\_tea

Compost Tea Brewing Manual and Compost Tea Microscope Manual www.soilfoodweb.com

Compost Information Web Site: Cornell University - <a href="www.cfe.cornell.edu">www.cfe.cornell.edu</a>

# Magazines and Journals:

**BIOCYCLE** - excellent professional trade magazine dedicated to biological recycling and composting, non-technical, (215) 967-4135, available at most libraries with back issues stored on CD-ROM for easy printing of selected articles

**COMPOST SCIENCE & UTILIZATION**, a quarterly journal, published by the JG Press. Inc., Emmaus, Pennsylvania

## Websites:

**Woods End Laboratories** – occasional e-newsletter on research on composting and related issues www.woodend.org

# **HEALTH and NUTRITION**

#### Books:

PHARMOCRACY- How Corrupt Deals and Misguided Regulations are Bankrupting America and What To Do About it, William Faloon, Praktikos Books, ISBN 978-1-60766-011-8

<u>The Food Revolution: How Your Diet Can Help Save Your Life and The World by John Robbins</u>, 2001 ISBN 1-57324-702-2 (**Highly Recommended**)



<u>Fast Food Nation - The Dark Side of The All-American Meal</u>, by Eric Schlosser, Houghton Mifflin Company, ISBN 0-395-97789-4

<u>The Rest Of The Story... about Agriculture Today</u> by Dr. Harold Willis, revised 1990 P.O. Box 692 Wisconsin Dells, Wisconsin 53965

<u>OUR STOLEN FUTURE</u>, by Theo Colborn, Dianne Dumanoski, and John Peterson Myers, Dutton, March 1996, ISBN 0-525-93982-2 Web site with info: http: <u>www.ourstolenfuture.org</u>, An explanation of how chemicals mimic hormones and hurt our health. (**Highly Recommended**)

Real Medicine Real Health by Dr. Arden Anderson, ISBN 0-9752523-0-5

<u>Is This Your Child's World? How You Can Fix The Schools and Homes That are Making Your Children Sick</u> Doris Rapp, MD, Bantam Books, or Order (716) 875-5578

<u>Fateful Harvest</u> by Duff Wilson, Harper Collins Publisher, ISBN 0-06-019369-7, A history of how hazardous waste is disposed of in synthetic fertilizers and ends up contaminating the food supply. Wilson was an investigative reporter for the Seattle Times Newspaper and published a series of articles in July-August 1997-1999.

<u>Empty Harvest</u> by Dr. Bernard Jensen & Mark Anderson, Penguin Outnam, Inc., ISBN 0-89529-558-X, This book is a non-technical study of the link between our food, our immunity system (health), and our environment.

<u>Seeds of Deception</u> by Jeffery M. Smith, Yes! Books, Documents the significant health dangers of genetically engineered food (GE) and the political corruption that allows them on the market. 888-717-7000, www.seedsofdeception.com

<u>Chemical Exposure and Human Health: A Reference to 314 Chemicals with A guide to Symptoms and a Directory of Organizations, Cynthia Wilson, McFarland & Company, Inc., 1993, ISBN 0-89950-810-3</u>

<u>Deadly Spin – An Insurance company insider speaks out on how corporate PR is killing health care and</u> deceiving Americans, by Wendell Potter, Bloomsbury Press, 2010, ISBN-13: 978-1-60819-281-6

<u>Pottenger's Prophecy</u> – How food resets our genes for wellness or health, G. Graham, D. Kesten, and L. Scherwitz, White River Press, 2011, ISBN: 978-1-935052-33-3



# Magazines:

JOURNAL OF PESTICIDE REFORM, quarterly, \$25.00 Northwest Coalition For Alternatives To Pesticides (NCAP) P.O. Box 1393 Eugene, Oregon 97440 (503) 344-5044

#### PESTICIDES AND YOU

National Coalition Against The Misuse of Pesticides (NCAMP) 701 E. Street S.E., Suite 200, Washington, D.C. 20003 (202) 543-5450

TECHNICAL REPORT - newsletter published by Beyond Pesticides
National Coalition Against The Misuse of Pesticides (NCAMP)
701 E. Street S.E., Suite 200, Washington, D.C. 20003 (202) 543-5450

LIFE EXTENSION - excellent magazine on the latest research on human health and nutritional supplements, funds from sale of supplements funds the research.

www.lef.org

Environmental Health Perspectives – A peer-reviewed open access journal published by the National Institute of Environmental Health Sciences, articles on how environmental issues affect our health www.ehp.niehs.nih.gov/

## Websites:

**The Organic Center** – The mission is to generate credible, peer reviewed scientific information and communicate the verifiable benefits of organic farming and products to society. www.organic-center.org

Center For Children's Health and The Environment, Mount Sinai School Of Medicine, New York, NY, (A series of full page adds in New York Times on the dangers of chemicals to children are on this website) www.mountsinai.org



The Green Guide - published by Mothers & Others For A Livable Planet. Excellent monthly newsletter on organic tips and ways to reduce our exposure to dangerous chemicals and protect our families. Free e-news letter.

The Green Guide 40 W. 20th St., New York, NY 10011-4211

(701) 859-3002 http://www.mothers.org/mothers

http: www.thegreenguide.com

Green America - free e-newsletter of food and health www.greenamerica.org

Center for Food Safety – free e-newsletter www.centerforfoodsafety.org

**Chemicals That Hurt Us** – General Information http: www.chemicalbodyburden.com

Health Care Without Harm - www.noharm.org

**Natural News - www.NaturalNews.com** Free daily e-newsletter with good articles that are well referenced on healthy living and investigative reports on toxic sham products.

The Collaborative on Health and the Environment - www.cheforhealth.org

Alternative Health News – www.altmedicine.org NEWS ON EARTH - monthly new flyer, \$15/year News On Earth Public Concern Foundation

101 West 23rd. St., PMB 2245, New York, NY 10011, (212) 741-2365

OUR TOXIC TIMES: A Monthly Publication of The Chemical Injury Network (also Medical & Legal Briefs: A Referenced Compendium of Chemical Injury) Note: May be out of print but very interesting and factual information.

P.O. Box 301, White Sulphur Springs, Montana 59645-0301 (406) 547-2255 (phone & Fax)

Partners Update: Pesticide Action Network North America

116 New Montgomery #810 San Francisco, CA 94105 (415) 541-9140

E-mail: panna@panna.org

Citizens for Health – The voice of the natural Health Consumer, free newsletter



The Voice of the Natural Health Consumer www.citizens.org

**Alliance for Natural Health** – free newsletter, *The Pulse of Natural Health*. Alliance for Natural Health USA is dedicated to protecting access to integrative medicine and promoting the benefits of natural health. <a href="https://www.anh-usa.org">www.anh-usa.org</a>

**Newport Natural Health** - free newsletter, Leigh Erin Connealy, MD, daily tips on how to improve your health

www.newportnturalhealth.com

Science and Environmental Health Network <a href="https://www.sehn.org">www.sehn.org</a>

#### **FOOD**

**Factory Farming** – Website dedicated to exposing the massive environmental destruction, resource depletion, animal cruelty, and danger of eating meat from factory farms. <a href="www.factoryfarming.org">www.factoryfarming.org</a>

**Sustainable Table -** works to educate consumers about the problems with factory farming and to promote sustainable food. "The Meatrix" was originally produced as a way to promote the "Eat Well Guide", "Sustainable Table's online directory of sustainable farms, stores and restaurants in the US and Canada that sell meat, poultry, dairy and eggs from small, sustainable family farmers. But only days after release, it became evident that The Meatrix was also an excellent educational tool about factory farming. The film broke all records for online advocacy and was seen by millions of people in the first few months alone. There are 2 animated movies on the website on the dangers and cruelty of factory farms and where to buy sustainable products. <a href="http://www.themeatrix.com/">http://www.themeatrix.com/</a> **Recommended** 

Also see www.storewars.org

**Humane Farming Association** - HFA's goals are to protect farm animals from cruelty, to protect the public from the dangerous misuse of antibiotics, hormones, and other chemicals used on factory farms, and to protect the environment from the impacts of industrialized animal factories. HFA's comprehensive programs include: anti-cruelty investigations and exposes, national media and ad campaigns, direct hands-on emergency care and refuge for abused farm animals. <a href="https://www.hfa.org">www.hfa.org</a>

**The Humane Society of the USA** – Educational website on cruelty of factory farm to animals. Over 90% of



all eggs come from abused chickens. <a href="www.NoBatteryEggs.com">www.NoBatteryEggs.com</a>
or <a href="http://www.humanesociety.org/issues/confinement\_farm/facts/battery\_cages.html">www.humanesociety.org/issues/confinement\_farm/facts/battery\_cages.html</a>

**Human Farm Animal Care** – free e-newsletter on cruelty in factory farms www.certifiedhumane.org

**Real Milk** – This web site discusses the health benefits of real milk and lists sources. www.realmilk.org

**Bio-Democracy News** - free electronic newsletter on organic and food safety issues. Subscribe at <a href="http://www.purefood.org/subscribe.cfm">http://www.purefood.org/subscribe.cfm</a>

**Pollutants in Your Food** – Free monthly email bulletin to learn more about pesticides in produce. ewg.foodnews.org

**Organic Bytes** – Excellent free electronic newsletter from the Organic Consumers Association (OCA) on food, health and safety issues - Campaign for Food Safety. Subscribe at: http://www.organicconsumers.org

**Safe To Use** - Free electronic newsletter on various issues related to organic foods and environmental issues. www.safe2use.com

Eat Well Guide—This website allows one to type in their zip code and it will list all restaurants and food sources within whatever mileage range that you specify, that sell or provide healthy food. <a href="https://www.eatwellguide.org">www.eatwellguide.org</a>

www.ams.usda.gov/farmersmarkets - listing of local farmers markets for fresh food

www.localharvest.org - listing of local and organic food sources

## **E-Newsletters:**

**Farm to Consumer Legal Defense Fund** - reports about how the USDA and local governments are working with agribusiness to prevent consumers from getting healthy food. Free

http://www.farmtoconsumer.org/



## **DVD**:

**Food, Inc.** – expose how the nation's food supply is controlled by a handful of corporations and how it is causing our health problems

Food Matters – how to protect your families health through nutrition

Fresh – consequences of an industrial food supply on our health

**The Future of Food** – an investigative study of our food supply and how it is harming our health and how it is changing

**A Chemical Reaction** – How one doctor helped her community by getting rid of toxics pesticides and changed the laws of Canada to protect people

The Gerson Miracle – anti cancer via nutrition

Cut, Poison, Burn – documentary of the cancer industry

**Cancer, Nutrition and Healing**, A Personal Odyssey by Jerry Brunetti - how Jerry cured his terminal cancer through nutrition. (Available via Acres USA Bookstore)

**Sicko** – problems with the American Health care system

**Sweet Remedy** – The World Reacts to an Adulterated Food Supply (Problems with artificial sweeteners)

**Sweet Misery** – A Poisoned World (Dangers of artificial sweeteners)

"Farmageddon" – 2011, The Unseen War On American Family Farms The World According to Monsanto - from Agent Orange to genetically modified crops

Vanishing of The Bees – how pesticides are killing the worlds bees and threatening the food supply

**King Corn** – You are what you eat. Exposes the truth of how our food supply is causing health problems

**Fast Food Nation** – exposes the unpleasant truths behind many of our health problems



**Human Health Seminar**, Dr. Arden Anderson, how food is causing many of our health problems

"A Chemical Reaction" – A doctor's fight in Canada to get chemicals out of the environment that cause health problems.

"The World According to Monsanto" – How a corporate giant is behind many of our health problems.

"Doctored" – The film the American Medical Association does not want you to see.

"The Whole Truth About Milk" Raw versus Pasteurized

## CD:

"Dead Doctors Don't Lie", By Joel Wallach, DVM, N.D, - Excellent lecture on nutrition, trace minerals and health (available at most health food stores or online).

"Hell's Kitchen", Joel Wallach, DVM, N.D, 2004 Health seminar series.

# Books/Reports/Studies:

## ECOLOGY, ENVIRONMENT, HEALTH and OTHER RELATED:

<u>Merchants of DOUBT</u> – How a handful of scientists obscured the truth on issues from Tobacco smoke to global warming, by Naomi Oreskes and Erik M. Conway, Bloomsbury Press, 2010, ISBN: 978-1-59691-610-4

#### Christian/Biblical:

<u>Serve GOD, Save The Planet – A Christian Call To Action</u>, J. Matthew Sleeth, MD, Chelsea Green Publishing, 2006, ISBN 13:978-1-933392-01-1

<u>Healing The Earth – A Theocentric Perspective on Environmental Problems and Their Solutions</u>, Richard A. Young, Broadman & Holman Publishers, 1994, ISBN 0-8054-1038-4

<u>The Lost Gospel of The Earth – A Call for Renewing Nature, Spirit and Politics,</u> Tom Hayden, Sierra Club Books, 1996, ISBN 0-87156-888-8



<u>Project Earth – Preserving The World God Created</u> by William B. Badke, Multnomah Press, 1991, ISBN 0-88070-423-6

<u>While Creation Waits – A Christian Response To The Environmental Challenge</u> by Dale & Sandy Lawson, Harold Shaw Publishers, 1992, ISBN 0-87788-949-X

<u>Restoring The Creation Mandate</u> – Healing for people, pets, plants and the planet, by Dr. Roger L. De Haan, Milestones International Publishers, 2007, ISBN: 978-0-924748-80-6

## ENVIRONMENT, TOXIC CHEMICALS & PESTICIDES

**Environmental News Network** – Excellent information source. A free daily electronic newspaper reporting on environmental news from around the world. Presented in a headline with summary format, click on headline for complete text. Customizable to certain issues. http: <a href="www.enn.com">www.enn.com</a>

**Environmental Working Group** – Lots of information of various subjects. 1718 Connecticut Ave., NW, #600 Washington, D.C. 20009 (202) 667-6982 <a href="www.ewg.org">www.ewg.org</a>

**TXPEER** - free electronic newsletter. Texas Public Employees for Environmental Responsibility (*Texas* PEER) is a local chapter of a national alliance of local state and federal resource professionals. *Texas* Subscribe at: http: <a href="www.txpeer.org">www.txpeer.org</a>

**Etc Group** - Action Group on Erosion, Technology and Concentration. ETC group is dedicated to the conservation and sustainable advancement of cultural and ecological diversity and human rights. To this end, ETC group supports socially responsible developments of technologies useful to the poor and marginalized and it addresses international governance issues and corporate power (Formerly the Rural Advancement Foundation (RAFI)). www.etcgroup.org

**Texas Pesticide Information Network** (TXPIN) - Texas Consumers Union. Also a free electronic report on pesticide issues. Contact by e-mail: wongba@consumers.org or (512) 477-4431 or (512) 444-0811 <a href="https://www.texascenter.org/txpin">www.texascenter.org/txpin</a>

**Environmental Defense Fund** (EDF) - Environmental Defense is dedicated to protecting the environmental rights of all people, including future generations. Among these rights are clean air, clean water, healthy food and flourishing ecosystems. We are guided by scientific evaluation of environmental problems, and the



solutions we advocate will be based on science, even when it leads in unfamiliar directions. Free electronic newsletter. Subscribe on website. <a href="https://www.edf.org">www.edf.org</a>

**Pollution in Your Community** - Get an in-depth pollution report for your county, covering air, water, chemicals, and more. Listing of toxic and/or polluted sites from EPA database, search by zip code or city. www.scorecard.org

**Audubon Action Alert** – This is a free e-alert on environmental issues from the Audubon Society on decisions or regulations by government or corporations that hurt our families. Subscribe at: http://doi.org/10.1016/j.com/10.1

**Northwest Coalition for Alternatives To Pesticides (NCAP)** - also a free electronic newsletter on various issues Information sheets on the dangers of pesticides. <a href="www.pesticide.org">www.pesticide.org</a>

Beyond Pesticides - database of information and a free electronic newsletter www.beyondpesticides.org

**Pesticide Action Network North America**: Advancing Alternatives to Pesticides http: <a href="www.panna.org">www.panna.org</a> Free e-newsletter, "Ground Truth"

Chemical Information Injury Network – The Chemical Injury Information Network (CIIN) is a support and advocacy organization dealing with Multiple Chemical Sensitivities (MCS). It is run by the chemically injured for the benefit of the chemically injured, and focuses primarily on education, credible research into MCS, and the empowerment of the chemically injured. www.ciin.org

**Texans For Alternatives To Pesticides** - By educating the public and public officials about the harmful effects of pesticides and about safer alternatives, TAP seeks to promote its mission to "reduce the use of toxic pesticides in schools, homes, and public places". <a href="www.nopesticides.org/tapweb/indexshtm">www.nopesticides.org/tapweb/indexshtm</a>

**PAN Pesticide Database -** The PAN Pesticides Database is your one-stop location for current toxicity and regulatory information for pesticides, insecticides, herbicides, etc. This resource is a project of Pesticide Action Network of North America. <a href="www.pesticideinfo.org">www.pesticideinfo.org</a>

Washington Toxics Coalition – lots of useful information on toxic chemicals www.watoxics.org

**Toxipedia** - free online toxicology encylopedia <u>www.toxipedia.org</u>

The Truth About Cats, Dogs, and Lawn Chemicals www.catsdogslawns.blogspot.com

"E" Magazine – The Environmental Magazine for consumers www.emagazine.com



**Defenders of Wildlife** - free e-alert news letter on environmental issues affecting wildlife, national forests, public properties, and more. <a href="www.defenders.org">www.defenders.org</a>

**National Wildlife Federation -** Online magazine of wild life issues, political action alerts and other issues affecting wildlife. Information on wildlife from habitat gardening to successful restoration projects, with lots of photos. <a href="https://www.nwf.org">www.nwf.org</a>

**DEAD ZONE** - Science Museum of Minnesota <a href="http://www.smm.org/deadzone/top.html">http://www.smm.org/deadzone/top.html</a>

**E – The Environmental Magazine** – Free newsletter "E- This Week", also a very good monthly magazine on environmental issues and how they affect our lives

www.emagazine.com

#### COSMETICS

**The Campaign For Safe Cosmetics** - Information to protect women, babies and children from toxic chemicals used in cosmetics. Also a free e-newsletter.

http: www.SafeCosmetics.org

#### **GREEN LIVING**

**Responsible Shopper (Co-Op America) -** Reports on global research and campaign information in order to alert the public about the social and environmental impact of major corporations, while providing opportunities for consumers and investors to vote with their dollars for change. Website exposes companies that use child and sweatshop labor and pollute the environment. <a href="www.responsibleshopper.org">www.responsibleshopper.org</a>

**National Green Pages** (Co-Op America) – A directory of screened and approved green businesses. It lists companies that offer environmentally friendly products and do not pollute or use sweatshop labor. www.greenpages.org

**Earth Share -** a nationwide network of America's leading non-profit environmental and conservation organizations, works to promote environmental education and charitable giving through workplace giving campaigns. Earth Share is an opportunity for environmentally conscious employees and workplaces to support hundreds of environmental groups at once through a charitable giving drive. <a href="www.earthshare.com">www.earthshare.com</a>



**Ecological Footprint Quiz**. The Quiz, 15 easy questions, estimates how much productive land and water you need to support what you use and what you discard. : <a href="http://www.earthday.net/Footprint/index.asp">http://www.earthday.net/Footprint/index.asp</a>

**Citizens League for Environmental Action Now** (CLEAN) - this is a free weekly e-news on local environmental issues affecting the Houston area. www.cleanhouston.org

**The Weekly Spin** – This e-news letter features selected news summaries with links to further information about media, political spin and propaganda. It is emailed free each Wednesday to subscribers and is sponsored by the nonprofit Center for Media and Democracy. This newsletter exposes how PR firms manipulate our thinking as paid for by their corporate and even government clients.

Often Very Interesting www.prwatch.org

**Co-Op America: Economic Action for a Just Planet -** Our mission is to harness economic power—the strength of consumers, investors, businesses, and the marketplace—to create a socially just and environmentally sustainable society. Our Vision -We work for a world where all people have enough, where all communities are healthy and safe, and where the bounty of the Earth is preserved for all the generations to come. Free e-newsletter on how buy goods and services that protect your family. <a href="www.coopamerica.org">www.coopamerica.org</a> **Recommended** 

Union of Concerned Scientists: Citizens and Scientists for Environmental Solutions. The Union of Concerned Scientists is a non-profit partnership of scientists and citizens combining rigorous scientific analysis, innovative policy development, and effective citizen advocacy to achieve practical environmental solutions. This is both a web site of useful information and a free e-newsletter "Earthwise" on issues affecting our family and children from global farming, to toxic modern food to hybrid cars and action alerts that can be sent to your politicians.

www.ucsusa.org

Recommended

**CEC Houston Environmental News Update** is a free weekly publication of the Citizens' Environmental Coalition, a 501(c)(3) organization dedicated to improving the quality of life and health in the Houston/Galveston region through education, dialogue, and collaboration regarding environmental issues. www.cechouston.org

**Corporate Accountability International -** Corporate Accountability International is a membership organization that protects people by waging and winning campaigns that challenge irresponsible and dangerous corporate actions around the world, thereby protecting people and saving lives. Free news-alerts <a href="https://www.stopcorporateabuse.org">www.stopcorporateabuse.org</a>

**Sustainable Business Information & Stock** – Listing of publicly traded companies that are sustainable or are making changes towards sustainability.

www.sustainablebusiness.com



# **WILDLIFE & HABITAT**

**Audubon Society** – free e-newsletter on wildlife <a href="https://www.auduon.org">www.auduon.org</a>

**Center for Biological Diversity** – free e-newsletter, "Endangered Earth Online" <a href="https://www.biologicaldiversity.org">www.biologicaldiversity.org</a>

**Defenders of Wildlife** www.defenders.org

# **GREEN BUILDING**

#### GREEN ROOFS and LEED BUILDING STANDARDS

**Cool Roof Rating Council -** The Cool Roof Rating Council (CRRC) is an independent and non-biased organization that has established a system for providing Building Code Bodies, Energy Service Providers, Architects & Specifiers, Property Owners and Community Planners with accurate radiative property data on roof surfaces that may improve the energy efficiency of buildings while positively impacting our environment. <a href="https://www.coolroofs.org">www.coolroofs.org</a>

# Lawrence Berkeley National Laboratory Heat Island Group -

www.eetd.lbl.gov/heatisland/coolroofs

Penn State Center for Green Roof Research - hortweb.cas.psu.edu/research/greenroofcenter

**Greenroofs.com** - is an internet news media organization and the international greenroof industry's re resource and online information portal. Our **Goal** is to inform, promote and inspire the earth friendly technology of organic greenroof architecture through the interchange of ideas, projects, news, travel, research, organization and government updates, marketing opportunities & exclusive features via our site. <a href="https://www.greenroofs.com">www.greenroofs.com</a>



## Michigan State University Green Roof Research Program - www.hrt.msu.edu/greenroof

## **DVD**

"FLOW" - How a Handful of corporations stole our water supply.

"An inconvenient truth- a global warning" - discusses global warming and how it will affect society

#### **SOURCES FOR BIOLOGICAL INOCULANTS:**

BioOrganics - La Pine OR. (888) 332-7676 www.bio-organics.com

Chappy's Power Organics - Malibu, CA. (800) 604-0444 <u>www.rootbooster.com</u>

Fedco Seeds – Waterville, ME. (207) 873-7333 <u>www.fedcoseeds.com</u>

Gardens Alive – Lawrenceburg, IN. (513) 354-1482 www.gardensalive.com

T&J Enterprises – Spokane, WA. (509) 327-7670 www.tandjenterprises.com

#### BENEFICIAL INSECTS & BIOLOGICAL CONTROL

## **Information:**

Texas Bug Book - C. Malcolm Beck & J. Howard Garrett

ISBN: 0-292-70869-6

<u>Dead Snails Leave No Trails: Natural Pest Control for The Home Garden</u>, by Loren Nancarrow and Janet Taylor, Ten Speed Press, 1996

Biological Control Virtual Information Center - North Carolina State University <a href="http://ipmwww.ncsu.edu/biocontrol/biocontrol.html">http://ipmwww.ncsu.edu/biocontrol/biocontrol.html</a>



Biological Control: A Guide to Natural Enemies in North America - Cornell University <a href="http://entomology.cornell.edu/cals/entomology">http://entomology.cornell.edu/cals/entomology</a>

Natural Enemies of Vegetable Crop Insect Pests - Virginia Tech University <a href="http://www.hort.vt.edu/faculty/caldwelj/beneficials.html">http://www.hort.vt.edu/faculty/caldwelj/beneficials.html</a>

Horticulture IPM (Integrated Pest Management) - Texas A&M University http://hortipm.tamu.edu/pestprofiles/beneficials.html

Department of Entomology - Texas A&M University <a href="http://insects.tamu.edu">http://insects.tamu.edu</a>

#### **Mail Order Sources:**

Arbico - Arizona Biological Control P.O. Box 4247CRB Tucson, AZ 85738-1247 (800) 827-2847 www.arbico.com

BioBest – commercial source for bio control agents and will sell to homeowners. www.biobest.ca

BioLogic Company

P.O. Box 177, Willow Hill, PA 17271 (717) 349-2789 www.biologicco.com

BioPac Crop Care, Inc.

P.O. Box 87, Mathis, TX 78368 (361) 547-3259 www.biofac.com

BioWorks – 100 Rawson Rd., Ste. 205, Victor, New York, 14564, sells biological disease management products and nematodes to homeowners, <a href="https://www.growinmyownbackyard.com">www.growinmyownbackyard.com</a>

Garden's Alive www.gardensalive.com

5100 Schenley Place Lawrenceburg, IN 47025 (812) 537-5108

Gardener's Supply Catalog

I-128 Intervale Road Burlington, VT 05401-2804 (800) 863-1700 www.gardeners.com

Green Methods Catalog - The Green Spot, Ltd.,



93 Priest Rd., Nottingham, NH 03290-6240 (603) 912-8925 www.greenmethods.com

Harmony Farm Supply & Nursery 3244 Hwy. 116, Sebastopol, CA (707) 823-9125 www.harmonyfarm.com

M&R Durango

P.O. Box 886, Bayfield, CO 81122 (800) 526-4075 www.goodbug.com

Kunafin

Rt. 1, Box 39, Quemado, TX 78877 (800) 832-1113 www.kunafin.com

Natural Insect Control, RR #2, Stevensville, ON LOS 1SO Canada (905) 382-2904 Organic and biological control products www.naturalinsectcontrol.com

Nature's Control

P.O. Box 35 Medford, OR 96501 (541) 245-6033 www.ladybugindoorgardens.com

Nitron Industries

P.O. Box 1447 Fayetteville, AR 72702 (800) 835-0123 www.nitron.com

Peaceful Valley Farm Supply

P.O. Box 2209 Grass Valley, CA 95945 (916) 272-4769 www.groworganic.com

Planet Natural

1612 Gold Avenue Bozeman, MT 59715 (800) 289-6656 www.planetnatural.com

Rincon-Vitova Insectaries

P.O. Box 1555 Ventura, CA 93001 (805) 643-5407 www.rinconvitova.com

The Environmental Factor – beneficial nematodes and other eco-friendly products www.environmentalfactor.com

Also a YouTube video on how to apply nematodes at www.youtube.com/watch?v+CgTyuzwP8

**BATS:** 



Bat Conservation International (800) 538-2287 Free monthly e-newsletter on bats. http://www.batcon.org

#### **BUTTERFLIES:**

Butterfly Gardening For The South, by Geyata Ajilvsgi, Taylor Publishing Company, ISBN 0-87833-738-5

<u>Butterflies of Houston & Southeast Texas</u>, by John & Gloria Tveten, University of Texas Press, ISBN 0-292-78142-3

#### **EARTHWORMS:**

Worm Digest Magazine http: www.wormdigest.org

Worms Eat My Garbage, by Mary Applehoff, Information on Vermi-composting, supplies, books, etc. http://www.wormwoman.com

<u>The Earth Moved</u>, by Amy Stewart, Algonquin Books, P.O. Box 2225, Chappel Hill, North Carolina 27515 ISBN1-56512-337-9 Non-technical book on earthworms and nature

#### SOURCES OF COMPOSTING WORMS: (call the supplier as these change frequently)

Decker Worm Sales, 11750 Clint Parker Road, Conroe, Texas 77307, (832) 228-7594, has 3 species for sale

Texas Red Worms (210) 310-5046

Down To Earth Farms, 286 W. Allen Street, Evant, Texas (254) 206-0108

Twin Oaks Farm (Georgia Brown Nose...a heat tolerant worm) Jim McCarter Rt. #1 Box 78A Purdon, Tx 76679-9801 (817) 578-1272

Rabbit Hill Farm Jay Mertz Rt. 3 Box 2936 Corsicana, Tx 75110 (903) 872-4289

Earthworm Institute City of Grapevine Larry Wilhelm (817) 424-0540



Pat's Worm Ranch (Louisiana Wigglers - soil worm..not for containers) Sonny or Pat Kellum P.O. Box 3194 San Antonio, Tx 78211 (210) 922-1592

Brown's Worm Farm Rosemary Brown Box 284 Marietta, OK 73448 (405) 276-3897

Flowerfield Enterprises (good source of educational material for children) Mary Appelhof ("The Worm Lady") 10332 Shaver Road Kalamazoo, MI 49002 (616) 327-0108

Jim Knight Rt. 2 Box 183 Eudora, AR 71640 (510) 294-2603

Southern Worm Enterprize 12118 Marilyn Lane Hammond, LA 70403 (504) 294-2603

Sugar Creek Farms, P.O. Box 247 Dept. H, Gilmer, TX 75644 (903) 843-6030 e-mail: scf@dallas.net

Willingham Worm Farm Rt. 1 Box 241 Butler, GA 31006 (800) 223-WORM

#### SOURCES OF WORM BINS & OTHER INFORMATION:

Gardener's Supply Company 128 Intervale Rd. Burlington, VT 05401 (800) 955-3370

Garden's Alive 5100 Schenley Pl., Lawerenceburg, IN 47025 (812) 537-8650

Peaceful Valley Farm Supply P.O. Box 2209 Grass Valley, CA 95945 (916) 272-4769

Worm Digest - a quarterly news magazine on worms and vermi-culture, non-technical Box 544, Eugene, Oregon 97440-0544 www.wormdigest.com

#### Miscellaneous

http: www.soilassociation.org ("Myth and Reality") Soil Association

Tx A & M University - www.organiclifestyles.edu



Mississippi State University - <a href="https://www.msstate.edu/dept/cmrec/organic">www.msstate.edu/dept/cmrec/organic</a>

# **GARDEN CLUBS**

www.gchouston.org Garden Club Of Houston

www.riveroaksgardenclub.org River Oaks Garden Club

# **PLANT SOCIETIES**

Herb Society of America - www.herbsociety-stu.org

Gulf Coast Fruit Study Group - www.harris-tx.tamu.edu/hort/fruit

Houston Amaryllis Society - (713) 433-4477

Lone Star Daylily Society – www.lonestardaylilysociety.org

Houston Palm Society - www.palms.org/houston

American Rose Society - www.ars.org

Houston Rose Society - www.houstonrose.org

Texas Rose Rustlers - www.texasroserustlers.org

International Plumera Society (Houston) – www.plumeria.org

Native Plant Society of Texas, Houston <a href="https://www.npsot.org/houston">www.npsot.org/houston</a>

Bromeliad Society - www.bromeliadsocietyhouston.org

Houston Cactus and Succulent Society - www.hcsstex.org

Houston Camellia Society - (713) 781-1996



American Hibiscus Society: Lone Star Chapter – <u>www.lonestarahs.org</u>

Space City Chapter – <u>www.spacecityahs.org</u>

International Oleander Society – www.oleander.org

Houston Orchid Society – www.houstonorchidsociety.org

American Bamboo Society - 750 Krumkill Road, Albany, NY 12203 www.bamboo.org

**Urban Harvest** (Community Gardening Program) - (713) 880-5540, Excellent source of organic gardening information and classes/seminars. Also offers advanced training for Master Gardeners <a href="www.urbanharvest.org">www.urbanharvest.org</a>
Free e-newsletter on classes, fruit tree sales, and gardening events

Houston Bonsai Society - www.houstonbonsai.com

Houston Fern Society – www.tgcfernsoc.org

#### ARBORETUMS/NATURE CENTERS

Houston Arboretum and Nature Center (713) 681-8433

Mercer Arboretum - (281) 443-8731 www.hcp4.net/mercer/

Armand Bayou Nature Center - (281) 474-2551

Edith Moore Nature Sanctuary - (713) 932-1392 (Home of Houston Audubon society)

Jesse Jones Nature Center - (281) 446-8588

Peckerwood Gardens - private arboretum on F359 just south of Hempstead, Texas

Nature Discovery Center - (713) 667-6550

Sims Bayou Nature Center - (713) 640-2407

Peckerwood Gardens - Private Arboretum that opens to public a couple times per year, located on FM 359 about 2 miles south of Hwy 290 business outside of Hempstead.



Bayou Bend Gardens – 713.639.7750 6003 Memorial Drive at Westcott Street Houston, Texas 77007 https://www.mfah.org/visit/bayou-bend-collection-and-gardens/

Shangra La Gardens – Orange, Texas http://starkculturalvenues.org/shangrilagardens/

# Texas Cooperative Agricultural Extension Service

Brazoria - (409) 864-1564

Fort Bend - (281) 342-3034

Galveston - (281) 534-3413

Harris - (281) 855-5600

Montgomery - (936) 539-7824

Master Gardener Program - contact local extension service

Master Naturalists - (281) 855-5600

#### MAIL-ORDER SOURCES OF ORGANIC SUPPLIES:

**KUNAFIN** (insects) Rt. 1, Box 39 Quemado, TX 78877 1-800-832-1113 www.kunafin.com

**ARBICO** (beneficial insects, organic supplies, baits, etc.)
Arizona Biological Controls (800)827-BUGS (2847) <a href="www.arbico.com">www.arbico.com</a>
P.O. Box 4247CRB Tucson, Arizona 85738-1247



BioPac Crop Care, Inc. - Home garden insect control,

P.O. Box87 Mathis, Texas 78368 (361) 547-3259 www.biofac.com

**Gardener's Supply Catalog** (beginning to carry some organic supplies) (800) 863-1700 128 Intervale Road Burlington, VT 05401-2804 <a href="https://www.gardeners.com">www.gardeners.com</a>

**Green Methods Catalog** - supplier of beneficial insects and biological control products, also small quantities for use in home gardens. (603) 912-8925 The Green Spot, Ltd., 93 Priest Rd., Nottingham, NH 03290-6240

www.greenmethods.com

**Harmony Farm Supply & Nursery** insects and organic supplies (707) 823-9125 3244 Hwy. 116 Sebastopol, CA www.harmonyfarm.com

Integrated BioControl Systems beneficial nematodes

P.O. Box 96 Aurora, IN 47001 (812) 537-8674 <u>www.goodbug-shop.com</u>

**M&R Durango** beneficial nematodes

P.O. Box 886 Bayfield, CO 81122 (800) 526-4075 www.goodbug.com

Natural Insect Control (insects and organic supplies)

RR #2 Stevensville, ON LOS 1SO Canada (905) 382-2904 www.naturalinsectcontrol.com

Nature's Control insects and some supplies

P.O. Box 35 Medford, OR 96501 (541) 245-6033 www.hiredbugs.com

**Nitron Industries** insects, supplies and pet care products

P.O. Box 1447 Fayetteville, AR 72702 (800)835-0123 www.nitron.com

**Peaceful Valley Farm Supply** (insects and organic supplies)

P.O. Box 2209 Grass Valley, CA 95945 (916) 272-4769 http://www.groworganic.com

**Plant Health Care** mycorrhizal fungi: a product called "MycorrTree" and "Mycor Flower Saver" from 440 William Pitt Way Pittsburgh, PA 15238 <a href="http://www.planthealthcare.com/">http://www.planthealthcare.com/</a>

**Planet Natural** insects and supplies

1612 Gold Avenue Bozeman, MT 59715 (800) 289-6656 www.planetnatural.com



# **The Natural Gardener** organic supplies 8648 Bee Caves Road Austin, TX 78735 (512) 288-6113 www.naturalgardeneraustin.com

Charley's Greenhouse & Garden – gardening supplies, 1-800-322-4707, 17979 SR 536 Mount Vernon, WA 98273, <a href="mailto:service@charleysgreenhouse.com">service@charleysgreenhouse.com</a>

#### **SOIL TESTING LABORATORIES (CHEMICAL):**

Texas Plant and Soil Lab (specializes in organic production techniques) 5115 W. Monte Christo (956) 383-0739 Edinburg, TX 78539

Peaceful Valley Farm Supply P.O. Box 2209 Grass Valley, CA 95945 (916) 272-4769 www.tpsl.biz

Timberleaf 5569 State Street Albany, OH 45710

Tiberleaf Soil Testing Services 26489 Ynez Rd., Suite C-197 Temecula, CA 92591 (909) 677-7510

Wallace Laboratories 365 Coral Circle El Segundo, CA 90245 (310) 615-0116

Extension Soil, Water, and Forage Testing Laboratory Texas A&M University- Soil and Crop Sciences College Station, Texas 77843-2474 (409) 845-4816

Stephen F. Austin Soil Lab. (409) 468-4500 Terry Bell - manager, or Gene Bickerstaff

Soil and Plant Laboratory 352 Mathew Street Santa Clara, CA 95050 (408) 727-5125 (James West)

Soil Control Lab 42 Hanger Way Watsonville, CA 95076 (408) 724-5422 (Frank Shields)

#### **SOIL TESTING LABORATORIES (BIOLOGICAL):**



Soil Food Web, Inc. 1128 NE 2<sup>nd</sup> street, Suite 120, Corvallis, OR 97330 (541) 752-5066 Fax (541) 752-5142 Elaine Ingham, PhD, http: www.soilfoodweb.com

## SOURCES OF POULTRY:

Guineas -

Ideal Poultry Breeding Farms, Inc. Cameron, TX (254) 697-6677 <a href="www.ideal.poultry">www.ideal.poultry</a>

Murray McMurray hatchery <u>www.mcmurrayhatche</u>ry.com



#### LOCAL NURSERY & GARDEN CENTERS THAT CARRY ORGANIC SUPPLIES

#### WHOLESALE ONLY:

**San Jacinto Environmental** - 2221-A West 34th St. between Ella and T.C. Jester, (713) 957- 0909 Excellent organic fertilizer called "Microlife<sup>TM</sup>" that contains primary, minor and trace nutrients and over 70 strains of beneficial microbes. Sold at several local gardening stores <a href="www.sanjorganic.com">www.sanjorganic.com</a>

#### **RETAIL:**

#### Arborgate

15635 FM 2920, Tomball, Texas 77377, (281) 351-8851 www.arborgate.com

#### **Buchanan's Native Plants** (Heights/North Hill Area)

611 E. 11th ST., Houston, Tx 77008, (713) 861-1453 <u>www.buchanansplants.com</u> God source of natives and hard to find plants that are good for Houston, nice people, and some organic supplies

#### **Condon Gardens Nursery** (Spring Branch Area)

7706 Hammerly Boulevard, Houston, TX 77055 Phone: (713) 782-3992 www.condongardens.com

Nature's Way Resources – 101 Sherbrook Circle, Conroe, TX 77385 (936) 321-6990 Metro, Located just off the intersection of I-45 and FM 1488 in the Woodlands-Conroe Area. Complete line of high quality organic mulches, compost and soils, soil amendments, organic fertilizer, greensand, rocks, gravels, mineral amendments, and other natural pest control products. *Both bagged and bulk products*. http://www.natureswayresources.com

#### Wabash Antique & Feed

5701 Washington Avenue, Houston, TX 77067, Phone: (713) 863-8322, <a href="www.wabashfeed.com">www.wabashfeed.com</a> On Washington Avenue west of North Shepard, fun place to visit and nice folks, plants, animals, feed and much more. One of the larger selections of organic supplies.

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#### **Bering's Home Center**

3900 Bissonnet Houston, TX 77005 Phone: 713-665-0500 http://www.berings.com

**Bering's Home Center** 



6102 Westheimer Houston, TX 77057 Phone: 713-785-6400 http://www.berings.com

Buchanan's Native Plants http://www.buchanansplants.com

611 E. 11<sup>th</sup> St.

Houston, TX 77008 Phone: (713) 861-5702

**Kingwood Garden Center** 

1216 Stonehollow Drive Kingwood, TX 77339 Phone: (281) 358-1805

http://www.kingwoodgardencenter.com

**Maas Nursery** 

5511 Todville Road Seabrook, TX 77586 Phone: (281) 474-2488 http://www.maasnursery.com

National Tree & Shrub

8147 Katy Freeway Houston, TX 77024 Phone: (713) 812-8733 http://www.ntshb.com

**Plants For All Seasons** 

21328 State Highway 249 Houston, TX 77070 Phone: (281) 376-1646

http://www.plantsforallseasons.com

**Southwest Fertilizer** 

5828 Bissonnet Houston, TX 77081 Phone: (713) 666-1744 http://www.yardgeek.com



## **Sweet Organic Solutions**

2710 S. Main Street Pearland, TX 77581 Phone: (281) 977-1900

http://www.sweorgsol.dynalias.com

#### WILDFLOWER SEEDS:

Native American Seed Company 800-728-4043 <a href="https://www.seedsource.com">www.seedsource.com</a>
Free catalog
Junction, TX

Wildseed Farms - free catalog 800-848-0078 P.O. Box 3000 Fredericksburg, TX 78624-3000 PLANTS: www.wildseedfarms.com

Antique Rose Emporium (9300 Lueckemyer Rd., Brenham, Tx.)

Rt. 5, Box 143 Brenham TX 77833 (800) 441-0002

Ty Ty Nursery - www.tytyga.com

Source of many hard to find plants that are good for the gulf coast

Woodlanders, Inc. - good source of hard to find natives and well adapted species for Gulf Coast 1128 Colleton Ave.

Aiken, South Carolina 29801 (803) 648-7522 www.woodlanders.net

Yucca Do Nursery - www.yuccado.com

Yuccas Do propagates plants collected in Mexico and tested at Peckerwood Gardens for our area before introducing them to commerce. Great source of new and unusual plants for our area.

Forest Farm – Ornamental and useful plants from around the world. Great source of hard to find plants. PO Box 1, Williams, Oregon 97544-9599 541-846-7269 www.forestfarm.com



Southern Bulbs – free e-newsletter ,"Bulb Hunter Monthly" www.southernbulbs.com

Brent and Becky's Bulbs – <u>www.brentandbeckysbulbs.com</u>

NATURAL GARDENING RADIO/TV SHOWS: (These frequently change)

AM 550 KSEV Saturday 7-10 AM, San Antonio, most car radios will pick it up or on Web

AM 630 KSLR Saturday 7-8 AM, "God's Green Earth", San Antonio

AM 1420 KGNB Saturday 10-12 AM, "Common Sense Gardening", San Antonio

AM 820 WBAP Saturday 11-12 and Sunday 8-12, "Dirt Doctor –The Natural Way", Dallas, <a href="https://www.dirtdoctor.com">www.wbap.com</a>

AM 1070 – "The Natural Way" (Houston), Sundays 8-10 AM

8 KHOU TV, Friday midday "Homelife" and Saturday on Homelife, Good Morning Texas, also on www.wfaa.com

AM 950 KPRC Saturday & Sunday 8-12, "Gardenline" with Randy Lemon (Note: Just beginning to discuss Organic Methods and compost)